



# SOUL FREE

CATEGORY: Blues  
SUB CAT: Soul-Blues  
TITLE: Soul Free  
TIME: 3:33  
ARTIST: Eliza Neals  
ISRC: QM-EU3-24-15618  
UPC: 085218104641  
P-LINE: PAU0-02624864  
PRODUCER: Barrett Strong Jr & Elizabeth T. Neals  
WRITERS: Elizabeth T. Neals  
Publisher: Elizabeth Thomasian Music (BMI)  
RECORD co: E-H RECORDS LLC  
Release Date: JAN 10th 2025

“**SOUL FREE**” the third single of the series starting with “Something’s Better than Nothing” and “Colorcrimes,” takes the listener to better times and brighter horizons.

**Eliza Neals** the prolific songwriter and producer created the story ‘live in one take’ inside the late Grammy winner **Mr. Barrett Strong Jr.**’s “Studio B.” The recording engineer and guitarist **Brian Lord** ‘hit’ record while Eliza freestyled “Soul Free.”

Eliza Neals had just visited a baptist church in Detroit and experienced, with her sister, a full submersion baptism. Eliza channeled “Soul Free” as a stream of consciousness into the vintage microphone. Inspired by the emotion, the choir and the supernatural events that took place that day transcends “Soul Free.”

“**Soul Free**” kicks off 2025 as an uplifting gospel tinged bluesy classic. Backing vocals from **Lisa Kai** (Bobby Womack), **Genie Lyles** (Barrett Strong), Brian Lord (Mitch Ryder) and Eliza Neals, maintain the unforgettable melody. **Mike Puwal** (Alberta Adams) plays a carefree drum vibe as **Al Turner** (Aretha Franklin, Anita Baker) skilfully pops the bass line into the heavens. Eliza tops it off with angelic synthesized strings.

Mixed by Brian Lord at Studio B while **Dave Feeny** (White Stripes) wrapped up mastering at ‘the Tempermill’ in Ferndale, MI. “**Soul Free**” the first single from the forthcoming album, finds itself in a divided world, working to bridge the emotional gap for music lovers by “freeing” them from their everyday blues.

“Gritty soulful blues singer delivers everytime” Blues Rock Review

“Eliza Neals is Blessed with a Blues Vocal to die For” Blues Matters

2024 Two Indie Blues Awards for Blues-rock Song & Touring Roadwarrior

2021 Top 15 Songs on SiriusXM B.B. Kings Bluesville’s “Rack-of-Blues.”

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